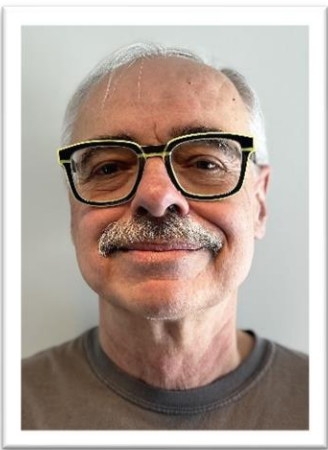




PROBUS Club of Clarington

*Meetings: 2nd Wednesday of
the month, 10:00 AM
1685 Bloor St., Courtice
(Hope Fellowship Church)*

From our President



Beware the Ides of March! Okay, not really, but it is one of the only lines I remember from Shakespeare. My personal favourite adaptation of the play "Julius Caesar" is Wayne and Shuster's version "Rinse the Blood Off My Toga". The skit premiered on CBC radio in 1954, it was reenacted for their British television debut in 1957 and their first appearance on The Ed Sullivan Show in 1958. The sketch reimagines the Shakespearean historical tragedy as a detective story. The line that received the biggest laugh was the lament of Caesar's

widow Calpurnia, played by Sylvia Lennick. She wailed over and over in a thick Bronx accent: "I told him, 'Julie, don't go!' The skit was so popular that Wayne and Shuster went on to appear 67 times on the Ed Sullivan Show. Nancy and I hosted an Italian themed What's for Dinner and after dinner we showed the skit. It was well received by our guests, with one guest commenting that she had forgotten how funny Wayne and Shuster were. After a long gloomy winter, we can all use a good laugh.

After reading her bio, I am really looking forward to hearing our March guest speaker, Joyce Perrin. I haven't decided on a theme for the meeting yet, but seeing as Joyce has visited 156 countries, you may want to brush up on your geography. Oh, and of course, March 17 is St. Patrick's Day, so feel free to wear green. As always, I am looking forward to seeing you all on March 13.

*John Muzik,
President*



PROBUS MANAGEMENT TEAM

John Muzik
President

Marg Allen
Vice President

Leslie Soltay
Past President

Sherry Shrives
Secretary

George Rickard
Treasurer

Nadia Bilyk
Membership
Coordinator

Donna Bright
Interest Group Chair

Andrea Shaw
Social Committee Chair

Alice Chase
Communications Chair

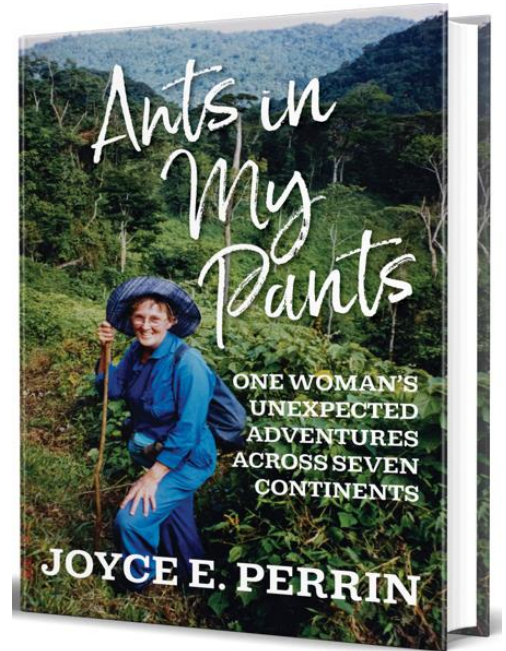
Speaker for October - Joyce Perrin

Topic: I'm Not Dead Yet! Let's Talk About Aging

At 17 years of age, an inspiring personal encounter with Lady Baden-Powell, World Chief (Girl) Guide, launched Joyce Perrin into a career in nursing and hospital administration.

However, a life-change prompted Joyce Perrin to pack up all her belongings at age 57 and to embark on a solo global journey across 156 countries and 31 territories. After 23 years of adventures, she settled in Panama, where she co-founded the Panama Hospice and Respite Foundation.

Finally, returning to Canada at age 80, and despite several health challenges, including blindness in one eye and breast cancer, Joyce, 87, now resides in Pickering. Joyce finds purpose in supporting fellow survivors, volunteering with health teams, and encouraging people through her book, *Ants in My Pants*, and speaking engagements, to pursue their passions, no matter their age.



"Discipline yourself daily by having a plan...not just vague, wishful thinking. Commit yourself daily to do something however small, for somebody else, for by making other people happy you will find true happiness yourself."

Lady Olave Baden-Powell



Member Profile

My name is Michelle Cutler. I taught at Dr. Emily Stowe Public School in Courtice for almost thirty years, and have recently retired. My husband and I have three grown daughters. We don't have any grandchildren yet, but between all of us, we have three dogs and three cats.

My pastimes include reading, playing games, gardening, hiking and travelling. My husband and I are currently planning a trip to Switzerland and Dublin in September.

I very much enjoyed the Games Afternoon at Fionn MacCool's in Bowmanville in January and look forward to participating in more of the activities PROBUS has to offer.



Membership Report

Membership number to date is 219 active members. New members this month include Kathy Cumming, Peter Dillon, and Herb Ogar. A warm welcome to you all!

Receiving their name badges at the February meeting are (l to r) Finuzza Akesson, Susan Reeves and George Reeves.



Lucky winner of the February Share the Wealth draw was Mike Townsend, walking away with \$99.50.

Share the Wealth tickets are \$1/1 ticket, \$2/3 tickets, \$5/8 tickets. Enjoy free treats with your purchase!

Nadia Bilyk



Photos by Pleun Dorsman

February Meeting Valentine Couple Ice Breaker



Valentine Winners Photo by Nancy Muzik

The winners from left to right are: First Place - Margaret Woolsey and Darlene Spratley (Archie and Edith Bunker), and Second Place Brenda Bacon and Joan Pumphrey (Mickey and Minnie Mouse)

Nancy Muzik

Editor's Note: Thanks to Nancy and John for organizing this fun activity!

News from your Social Committee

We had two teams competing on Tuesday, Feb 20th at Nebs Fun World. Congratulations to Team 2, Garry Christenson, John Muzik, Edwina Johnston, Jim Novakowski and Joan Seaton for taking first place with a score of 1,152.





Photos by Andrea Shaw

Congratulations also to our top three scorers, Brian Reid (340), Nancy Muzik (305) and John Muzik (269).

UPCOMING EVENTS

On **Friday, March 22**, we will be taking public transit to visit the **Royal Ontario Museum**. We currently have 14 registered and have room for 6 more. Sally will be hosting the event which includes general admission and entry into two exhibitions, the *Wildlife Photographer of the Year 2023*, and *Death: Life's Greatest Mystery*. Price per person is \$26.88 plus the cost of coat check. There is a Druxy's Deli at the ROM for people to break for lunch at their own expense.



April 16th, 10 am, Region Police Service East Division Tour, 2046 Maple Grove Rd, Bowmanville, ON. This is an opportunity to tour the police station and forensics lab. Maximum of 20 participants, **\$5.20 per person**.

On **Saturday, April 27** we have currently purchased 46 tickets to see **The Chicks Tribute Band** at Newcastle Community Hall, 20 King Ave. West in Newcastle. Doors open at 6:30 and the concert starts at 8:00. A cash Martini Bar and hors d'oeuvres are served at intermission. These Juno award winners, are backed up by a full band and provide a tribute to the top selling female country group of all time 'The Chicks' formally known as Dixie Chicks. Members can pick up their tickets at the monthly meeting.



Cathy has booked a small bus and made arrangements for us to walk the **Lilac Trail in Warkworth, and tour Campbellford on May 22**. We will have lunch at member's own expense at the Dockside restaurant in Campbellford and then visit the bakery, chocolate factory and suspension bridge. Cost will be **\$68.41** based on 20 people. Lunch is at your own expense.

Tour of **Loa-de-Mede Dairy Farm, Wed. June 19th at 1:30 pm**. Maximum 50 people **\$5.20** per person. Enjoy this opportunity to visit a 4th generation family farm where the Werry Family use 2 Mlone GEA robots to milk their 80 registered Holstein Cows. Wear shoes appropriate for the weather and barn conditions.



***A best friend is like a four-leaf clover,
hard to find and lucky to have.***

SAVE THE DATE

On July 17th, we have reserved 24 tickets and must have a minimum of 15 tickets sold for special pricing, for **The Full Monty at the Capital Theatre, 20 Queen St Port Hope at 2:00 pm.** Guests are welcome.

High tea at the Calderwood House has been booked for **Aug. 16th.** Maximum 18. This was a popular event in November and this year we will be able to tour her fantastic garden.



Andrea Shaw

Interest Groups

Billiards



Photos by Pleun Dorsman

Book Club #1

Liola Limeback, a charter member of Clarington PROBUS and Book Club #1 member, spearheaded a cause for our book club to donate a sum of money to an organization called **Book Clubs for Inmates** in memory of our dear past member, Eleanor Zadlo. The organization's mission statement: "Eventually, most inmates re-enter society. By encouraging literacy while incarcerated, we help them develop empathy, listening skills and self awareness." I'm sure Eleanor would have been very pleased to have her name associated with this worthwhile cause!



Edwina Johnston

Coffee and Chat



Meet up at the Bowmanville Family Restaurant, Feb. 20; photos submitted by Shirley Shirley

Ladies Who Lunch



Lunch at Massey House, by Shirley Shirley

*May your day be touched with a bit
of Irish luck,
Brightened by a song in your heart,
And warmed by smiles from the
people you love.*



World of Flavours



Lunch at Ayothaya Thai Kitchen, Oshawa; photos by Alice Chase



Black History in Canada – Resources

Shannon Oyeniran, our February guest speaker, provided a list of resources to further our knowledge of Black History in Canada.

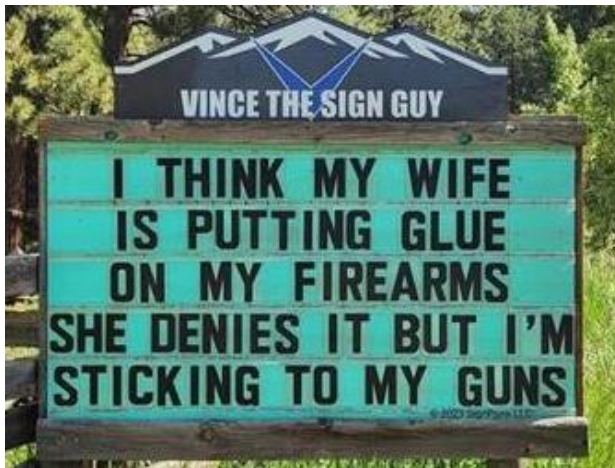
- ▶ **Black Enslavement in Canada:** <https://www.thecanadianencyclopedia.ca/en/article/black-enslavement>
- ▶ **Racial Segregation of Black People in Canada:** <https://www.thecanadianencyclopedia.ca/en/article/racial-segregation-of-black-people-in-canada>
- ▶ **Chloe Cooley and the Act to Limit Slavery in Upper Canada:** <https://www.thecanadianencyclopedia.ca/en/article/chloe-cooley-and-the-act-to-limit-slavery-in-upper-canada>
- ▶ **Africville:** <https://www.thecanadianencyclopedia.ca/en/article/africville>
- ▶ **Caribbean Canadians:** <https://www.thecanadianencyclopedia.ca/en/article/caribbean-canadians>
- ▶ **Black Lives Matter-Canada:** <https://www.thecanadianencyclopedia.ca/en/article/black-lives-matter-canada>

- ▶ **Black History in Canada: 1960 to Present** <https://www.thecanadianencyclopedia.ca/en/article/black-history-in-canada-1960-to-present>

Documentaries/Films:

- ▶ Journey to Justice (National Film Board)
- ▶ The Book of Negroes (CBC Gem)
- ▶ Speakers for the Dead (National Film Board)
- ▶ Ice Breakers (National Film Board)
- ▶ Ninth Floor (National Film Board)
- ▶ The Road Taken (National Film Board)
- ▶ Subjects of Desire (February 1st, 2022; online on TVO)
- ▶ The Porter (February 21st, 2022; CBC)
- ▶ BLK: An Origin Story (February 26th, 2022; HISTORY channel)
- ▶ Black Life: Untold Stories (October 18th, 2023; CBC Gem)

A little bit of laughter...



ON BEING A SENIOR

I don't always go the extra mile. But when I do, it's because I missed the exit.

I'm at a place in my life where errands are starting to count as going out.



Next PROBUS Meeting

Wednesday, March 13, 2024 at 10 am

Remember to bring a mug and money for Share the Wealth

Deadline for submissions to the April Newsletter is March 27

Send articles, pictures and jokes to chase_al@hotmail.com

The following events or travel opportunities are offered for your information only and are not being sponsored by PROBUS Club of Clarington. Members should be aware they would be dealing directly with the travel company or sponsoring organization and that these events may be offered to other PROBUS clubs and/or the general public.

CANXPLORE

Escorted Small Group Day Tours



SPRING GARDEN TOUR

Thursday, June 13th, 2024

ROYAL BOTANICAL GARDENS

- Visit Hendrie Park

WHISTLING GARDENS

- Picnic lunch and guided tour

NORTHLAND NURSERY

- huge selection of unique and interesting plants for purchase

\$189
pp
tax incl.

Activity Level: Active (walking for extended periods)

Price: \$189 per person, tax included, due upon booking

Book online by May 30, 2024

CanXplore - 145 West Side Drive, Bowmanville, ON t. 289.275.1182
TICO #50025952 www.canxplore.com



CANXPLORE

Small Group Tours for the Young-At-Heart



NEWFOUNDLAND DISCOVERY TOUR

Tour Date: July 7 to 16, 2024

Online presentation March 14, 2024

Email cathy@canxplore.com for the link

50% SOLD OUT. Final date to book April 15, 2024

\$5195
double
occupancy
tax incl.

CanXplore - 145 West Side Drive, Bowmanville, ON t. 289.275.1182
TICO #50025952 www.canxplore.com



CANXPLORE

Small Group Tours for the Young-At-Heart



Prince Edward County Wine Tour

Tour date: Thursday, June 20, 2024

TOUR HIGHLIGHTS

- THE BIG APPLE, Colborne
- WAUPOOS ESTATES WINERY
- LUNCH AT THE WARING HOUSE
- GRANGE OF PRINCE EDWARD WINERY
- SANDBANKS ESTATE WINERY

\$199
pp
tax incl.

Price: \$199 per person, taxes included, based on double occupancy, book by May 31, 2024

See our website for more details

CanXplore - 145 West Side Drive, Bowmanville, ON t. 289.275.1182
TICO #50025952 cathy@canxplore.com www.canxplore.com

